## **SPRING VALLEY**

# **May 2019**

## **GRADES K-12 MENU**

\* \* \* Menu may change \* \* \*

#### **BREAKFAST PRICES x's 22 DAYS**

MONDAY

#### **LUNCH PRICES x's 22 DAYS**

THURSDAY

\$1.85/day or \$40.70/month Grades K-12: Reduced: \$0.30/day or \$6.60/month \$0.40/day or \$8.80/month Milk: Adult/Visitor \$2.70/day or \$59.40/month

THESDAY

Grades K-5: \$2.60/day or \$57.20/month Grades 6-12: \$2.90/day or \$63.80/month \$0.40/day or \$8.80/month Reduced: Milk: \$0.40/day or \$8.80/month Adult/Visitor \$3.70/day or \$81.40/month

FRIDAY

Pay your food service account on-line.

#### Spring Valley Schools district home page, Family Access or On-line Payment buttons WEDNESDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		BREAKFAST	BREAKFAST	BREAKFAST
		Pancake Bites	Bacon & Egg Scramble	Banana Bread &
				Smoothie
		LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
		-Spaghetti	-Cheeseburger	-Italian Dunkers
		Garlic Bread	-Pizza Rolls	Marinara Sauce
		-Fish Sticks		-Breaded Chicken Patty
		Sides	Sides	Sides
		Corn	Potato Wedges	Green Beans
		Strawberry Cup	Baked Beans	Warm Cinnamon
			Mixed Fruit	Apple Slices
6	7	8	9	10
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Stuffed Hash Brown	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	French Toast Bites &
				Yogurt
LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
-Baked Potato	-Chicken Fajita	-Beef Stroganoff	-Popcorn Chicken	-Deluxe Nacho's
Diced Ham/Cheese	Rice	Rotini Noodles	-Eggroll	-Peanut Butter & Jelly
Dinner Roll	-Breaded Pork Chop	-Hot Ham & Cheese		Cheese Stick
-Hot Dog	_	Sandwich		
Sides	Sides	Sides	Sides	Sides
Broccoli	Carrots	Corn	Rice Pilaf	Fiesta Beans
Sliced Pears	Mixed Fruit	Applesauce	Baked Beans	Mixed Vegetables
			Juice Cup	Sliced Peaches
13	14	15	16	17
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Chocolate	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	Banana Bread &
Chip Round				Smoothie
LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
-Salisbury Steak	-Soft Shell Taco	-Pizza Fries	-Chicken Chow Mein	-Cheese Bites
Bread	-Pizza	Marinara Sauce	Rice	-Fish Sandwich
-Breaded Chicken Patty		-Shredded BBQ Pork	-Hamburger	
Sides	Sides	Sides	Sides	Sides
Mashed Potatoes	Refried Beans	Cauliflower	Green Beans	Tomato Soup
Broccoli	Spanish Rice	Sliced Peaches	Sliced Pears	Craisins
Cranberries	Applesauce			

<sup>\* \* \*</sup> This institution is an equal opportunity provider \* \* \*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20	21	22	23	24
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Stuffed Hash Brown	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	French Toast Bites &
				Yogurt
LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
-Mini Corn Dogs	-Cardinal Burger	-Orange Chicken	-Cheese or Pepperoni	-Quesadilla
-Burrito	-Fruit & Yogurt Plate	Rice	Round Pizza	-Ravioli
	Muffin	-Hamburger	-Ham/Cheese Wrap	Breadstick
Sides	Sides	Sides	Sides	Sides
Baked Beans	Potato Wedges	Peas	Cauliflower	Carrots
Mixed Vegetables	Coleslaw	Mixed Berry Cup	Sliced Peaches	Tropical Fruit
Applesauce	Sliced Pears			
27	28	29	30	31
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	Banana Bread &
				Smoothie
	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
NO SCHOOL	-Chicken Caesar Salad	-Pizza Crunchers	-Chicken Nuggets	-BBQ Rib
	Breadstick	Marinara Sauce	-Calzone	-Brat
	-Shredded BBQ Pork	-Fish Nuggets		
	Sides	Sides	Sides	Sides
	Peas	Broccoli	Sweet Potato Fries	Baked Beans
	Mandarin Oranges	Warm Cinnamon	Green Beans	Corn
		Apple Slices	Mixed Fruit	Sliced Pears

K-12 BREAKFAST INCLUDES: Milk, juice & applesauce / ALTERNATIVE CHOICE: Cold cereal

K-12 LUNCH INCLUDES: Fresh fruit, salad bar, and milk choice (1% white and 1% chocolate)

K-12 LUNCH: All sandwiches are served with whole grain bun or bread 6-12 LUNCH ALTERNATIVES: 3<sup>rd</sup> choice item will be posted daily

\*

You will be receiving a phone call from the Spring Valley Food Service Department when your family lunch account balance reaches \$3.00. If we are unable to reach you or leave a message, a letter will be sent.

#### If your account reaches a negative \$10.00 balance, NO more purchases will be allowed.

You can access your family lunch account through the school web site @ www.springvalley.k12.wi.us. If you have any questions concerning your family account, please contact Amy Fisher at 715-778-5551 ext. 5109.

\* \* \* Mail payments to: School District of Spring Valley, Attn: Food Service, P.O. Box 249, Spring Valley, WI, 54767 \* \* \*

## Seasonal Work- Change in Income- Change in Household Numbers

Remember, you may apply or reapply for free or reduced meals at any time during the school year. Applications are available in both school offices, can be mailed to you or printable on-line from our S.V. School District site, <a href="www.springvalley.k12.wi.us">www.springvalley.k12.wi.us</a> (District Information-School Board-S.V. District Forms).

Please call or e-mail with any questions.

Amy Fisher

715-778-5551 fishera@springvalley.k12.wi.us



### Free and Reduced Breakfast/ Lunch Program:

Remember a new application must be filled out every school year.

All families are encouraged to fill out a free/reduced application. This helps our district in many areas, not just food service.

Remember a new application must be filled out every school year. If there is a change in income or household size throughout the school year a new application can be filled out.

School Year 2018-2019 applications are now available on our school web site and school offices.

Breakfast is served daily at 7:45 am until the first bell rings.

Cold Lunch/Brown Bag Lunch is available from the school kitchen for Field Trips. You will be charged your normal lunch rate. Please let the food service staff know ahead of time when you will need a lunch to go.